



Hearthstone Community Church, Inc.

"The Full Moon Folk"



AUGUST 8 OPEN FULL MOON

Hearthstone meets the Friday before or the Friday of the Full Moon, in the upstairs chapel at the First Unitarian Church at 14th and Lafayette in Denver. The church doors open at 7, and we like to start at 7:30. This month's ritual is FRIDAY, AUGUST 8, 2014.

Chrysalis Circle is presenting the August 8 Full Moon in Capricorn for Hearthstone. This ritual will focus our energy on short term goal setting that is realizable, identifying some of the different steps we may need to take along the way, embracing the changes that will happen with those steps, all with the intent of reaching a long term goal.

—Catherine

GREETINGS

The time of the First Harvest has arrived. In spite of last week's rain storms, it is the time to choose the first fruits of our work through the spring and summer – and offer the best of them to the gods. Since not all of us are gardeners, we turn to other harvests.

I've started my harvest this year by reclaiming the music that got lost during the time I was working on my Master's degree. I started working on it in one way or another in the spring and finally "played out" at a talent show at work. I also took advantage of an opening and auditioned for a certain choir. We start rehearsals in mid-August. I look forward to celebrating my reclaimed muse.

Meanwhile, I am finding new and different ways to get out of the house on the weekends – another way to celebrate the freedom I missed during my enforced solitude of the spring and early summer. Hurray for freedom and the good weather to enjoy it!

—Catherine

THANKS AND A TIP OF THE HAT

Hearthstone thanks our own Amy, who offered a ritual in July to aid our groundedness and stability. We focused in depth on a tree meditation, pulling earth energy up through our roots, air energy in through our leaves, focusing on centering ourselves in our stable, strong core/trunk. We each received a rock, then we focused on the question "What makes me strong?" We looked to the various sources of our strength: our personal characteristics, those who love us, our community connections, our deities. We drew and concentrated all these sources of strength into our cores, and also into our rocks to give us an anchor during challenging, chaotic times.

Participants then were invited to share personal successes and challenges, and for each who spoke, the group offered either cheers, or strength, support, and grounding energy.

Thank you, Amy (assisted in casting by daughter Adara), for striving to facilitate each of us into a place of greater centeredness and strength.

Blessings to All!

—Arynn

HEARTHSTONE RITUALS

Remember, please, that Hearthstone doesn't expect everyone to enter in Perfect Love and Perfect Trust, as there are people you don't know there, but to enter with a willing heart and an open mind, and leave your differences at the door.

Some traditions are more controversial than others, or may contain a component that disturbs someone attending an Open Full Moon. It is one of the risks of exploring different traditions. Should anyone be uncomfortable, unsettled, or upset about any ritual presented by Hearthstone, please contact Alia or Catherine to discuss – and hopefully resolve and heal – the issue.

–Alia

ON DONATIONS

Many of our local Pagan organizations run on a shoestring. Your donations do make a difference, and the cost of a movie ticket to one of these organizations from several of their patrons can make the difference between failing and thriving. (Not to mention making the organizers excited and happy that their efforts are of value to you.) If you'd prefer not to donate to Hearthstone, I encourage you to donate something to the organization of your choice. Your donations can make the difference between an organization thriving and folding.

We appreciate that many of you donate to the church. **We ask that you please give what you can to support the work and service of the church to the community. The more you can spare, the longer we will be around, and the more we can help those who need it. We will keep Hearthstone Community Church, Inc. running as long as possible, and we need your support to continue to serve the community.**

We aren't going to start collecting at the door, and no one will be turned away for not having a donation. However, we would like to suggest a donation of 5 to 10 dollars per person. (The extra is to cover the pagans that are unable to donate.) If you can't afford it, you are still welcome – if you can afford more, we'd be delighted to accept it.

NOTE: Hearthstone is a church and your donations to Hearthstone are **tax deductible**. If you would like to write a check so you can keep track of your donations, we can certainly handle that as well.

–Alia

ABOUT OUR ANIMAL COMPANIONS

Our Hearthstone community includes many pet-lovers, and we strongly encourage spaying and neutering to reduce the tragedy of excess, uncared-for animals. Many beautiful, sweet animals are euthanized due to excess births, and many others sadly try to fend for themselves without needed food and veterinary care.

People with lower incomes can get spay/neuter services for their cats and dogs at reduced fees, subsidized by Dumb Friends League donors, when one of their mobile spay/neuter clinics visits their neighborhood. DDFL also partners with local animal welfare organizations in a trap-neuter-return (TNR) program for community (un-owned) cats to help reduce the number of unwanted litters born and the number of kittens and cats brought to shelters. Please call DDFL's mobile spay/neuter help line at (720) 241-7098 for questions and information, or find details, schedules, and locations at: <http://www.ddfl.org/content/mobile-spay-neuter-clinics>

CLEAN YOUR BELLY BUTTONS!

As an OR nurse, I am usually the one who does the skin prep prior to a patient's surgery. I can say this with certainty: monkeys aren't the only ones who have smelly belly buttons. On my first day of training, the nurses warned me to make sure my belly button was squeaky clean, because as an OR nurse, I should know better. If I showed up for surgery stinky, they hinted that I would not like the teasing. Luckily, I always clean my belly button regularly, so this would not be an issue.

Most people overlook this body cavity because it is so small. A person who does not prep skin prior to surgery may not realize that it can smell worse than their butt if the belly button is not cleaned thoroughly and regularly.

You would be surprised at what can be found inside someone's neglected belly button. I have heard tales ranging from a mushroom—I am unsure if it was food or it grew there—to yeast, fuzz, and food items. How these people did not get a skin infection there is beyond me. So, it is good hygiene to clean your belly button regularly. Make sure that you use a q-tip or something similar to clean deep set belly buttons, this way you can avoid growing mushrooms there.

Stay well,
----Jo Fontana, RN

TURTLE MONKEY CHILDREN'S EBOOKS

Hi all, this is Jo again. I recently completed the 14th book of my new Turtle Monkey series! This is a pagan friendly children's eBook series. The only difference with this next book is that it will soon be available in print through Crystal Publishing.

Here is the link for Crystal Publishing: <http://www.crystalpublishingllc.com/>

The first 13 books are still available online at Apple, Amazon, and Barnes & Noble.

Here is the link to our books at Apple: <https://itunes.apple.com/us/artist/jo-fontana/id677705293?mt=11&ign-mpt=uo%3D4>

This is the link for our books on Amazon:

http://www.amazon.com/gp/search/ref=sr_nr_seeall_1?rh=k%3AJo+Fontana%2Ci%3Astri_pbooks&keywords=Jo+Fontana&ie=UTF8&qid=1397343482

This is the link to our books at Barnes & Noble:

<http://www.barnesandnoble.com/s/Jo-Fontana?store=allproducts&keyword=Jo+Fontana>

Also, please check out our new and improved website@ <http://www.turtlemonkeybooks.com>

Thank you for all your support!

-Jo

EARTH TEMPLE

Earth Temple meets at Full Moon Books and Event Center, at 9106 W. 6th Ave. in Lakewood. All of our dates are Saturday evenings. Please arrive at the store before 7:30 pm, since the store closes and the doors lock right at 7:30. Please check out our Witchvox page for more info about us: http://www.witchvox.com/vn/vn_detail/dt_gr.html?a=usco&id=35084. Thank you, Hearthstone, for sharing information about our circle!

Aug 23

Sep 20

Nov 1

Nov 22

Dec 20

--Chris, Dara, and Michelle
the Earth Temple steering committee

WHOM TO CONTACT

Alia's phone number is 303-680-1741. Catherine's is 303-886-7067. If you would like to officiate at a future Open Full Moon, for Pagan or Wiccan clergy, or for any other Hearthstone business, please contact either Alia or Catherine.

Hearthstone Community Church has a website at <http://hearthstone.fnorky.com>

Alia's e-mail address is real.cuttlefish@gmail.com; Catherine's e-mail address is catherine@fnorky.com

GUEST COLUMNS?

If you have something to say, and are willing to let Alia or Catherine edit it slightly, (generally for grammar – Alia has the soul of an English teacher and Catherine is simply a fanatic) please feel free to submit your writing to catherine@fnorky.com. Content will not be edited. We can usually make room for more voices.

This newsletter is for Hearthstone Community Church, Inc. of Denver, Colorado. Editor: Catherine Mock. Publisher: M. Alia Denny

STANDARD DISCLAIMER and COPYRIGHT INFORMATION

Please note that information and opinions contained in the articles in this newsletter are the responsibility of the authors only. No endorsement by Hearthstone Community Church, Inc. is implied.

All writings are copyright to their respective authors. Please obtain permission before reprinting anything here, with the exception of the Open Full Moon Dates. Those may be copied and transmitted as needed.

2014 Open Full Moon Dates

August 8
September 5
October 3
October 31
December 5